

COLLEGE TRAVELLING FELLOWSHIP REPORT

Dr S Choudhary

First of all I would like to thank RCPSG Glasgow for awarding me the travel grant fellowship and giving me the opportunity to learn oculoplasty and adnexal at world's best institute and work under best oculoplasty surgeons. I also thank the Adnexal and Oculoplasty Faculty of Moorfields hospital for accepting me and teaching me oculoplasty and adnexal.

I went to Adnexal Department of Moorfields Eye Hospital NHS Trust for eight weeks as an Observer from 7/04/08 to 30/05/08. During this period I worked under Mr J R O Collins, Mr Rose, Mr Jimmy Uddins, Ms Beaconsfield, Mr D Variety and Mr A Arayah.

I attended theatres on Monday, Tuesday from 8.30 to 6.30 and on Wednesday mornings and Thursday evenings. Clinics on Wednesday afternoon and Thursday and Friday. Clinic timings were 9 to 5.30 pm. In the theatre I observed surgeries like ptosis, blepharoplasty, orbital reconstruction and skin flaps, ectropian, entropian, evisceration, enucleation, canthopexy, DCR, Endonasal DCR, Canalicular intubation, DCR with Jones tube, orbital floor fracture repair, LPS recession for lid retraction, orbital wall decompression, lateral orbitotomy, lid tumour excision and repair, MOHS technique, coloboma repair, Z plasty and many more.

In the clinics I learned work up of ptosis, ectropian, entropian, lacrimal patients, thyroid and other oculoplasty disorders along with Botulinum toxin injection. Special procedures like nasal endoscopy and exophthalmometry and lacrimal sac syringing and fluorescein dye disappearance test, Management of Jones tube were taught to me.

We had daily morning lectures from 8.30 on all subjects and an orbital clinic between 1 to 2 pm on Wednesday where we discussed all interesting orbital cases. This knowledge I gathered at Moorfields Eye Hospital is going to be extremely useful to me and my hospital back home as I work in a medical college where large number of poor patients attend the outdoor and indoor in want of treatment. A large percentage of patients attending the ophthalmic OPDs are tumour and oculoplasty patients who were referred to other institute for treatment. Many patients could not afford to go to other hospital. Now because of this training we are starting an oculoplasty and tumour set-up treating these patients at our own institute.

Dr S Choudhary
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