



SCHOLARSHIP REPORT

This report should be completed by recipients of awards and scholarships from the Royal College of Physicians and Surgeons of Glasgow on completion of the activity for which they received their award or scholarship. Please complete all sections of the report form.

Please return your completed report via email to: scholarships@rcpsg.ac.uk

Or via mail to: **Scholarships Committee Administrator, Royal College of Physicians and Surgeons of Glasgow,
232-242 St Vincent Street, Glasgow G2 5RJ, UK**

Please use typeface when completing this form.

SECTION 1 | PERSONAL AND AWARD DETAILS

Title	Dr	PID	119096
Surname	Ross	Forename(s)	Daniella
Scholarship/award awarded	College Travelling Fellowship	Amount awarded	£2000

SECTION 2 | PROJECT/VISIT DETAILS

Name/Title	East African Diploma in Tropical Medicine and Hygiene
Location	Moshi, Tanzania and Kampala, Uganda
Aims and objectives	<ol style="list-style-type: none">1. I aimed to undertake the East African Diploma in Tropical Medicine and Hygiene and to graduate from this course upon completion of exams and assessments.2. To gain knowledge and skills needed to practise clinical medicine in tropical environments.
Summary <i>Include methodology, results and conclusions if applicable</i>	<p>I undertook the East African Diploma in Tropical Medicine and Hygiene after successfully gaining a place on this course. The course was based in Moshi, Tanzania and in Kampala, Uganda and is a collaboration between various universities worldwide; London School of Tropical Medicine and Hygiene, Kilimanjaro Christian Medical College, Makerere University, University of Washington and John Hopkins University.</p> <p>The course was made up of 72 students from around the world, of which approximately one third were scholarship students from East Africa. The course was a three month full time diploma taught by experts in their respective fields of tropical medicine. We covered common infectious diseases such as HIV, TB and malaria alongside teaching on maternal and child health as well as teaching on neglected tropical diseases.</p> <p>I passed the course and attended graduation in Kampala at the end of the course. My final marks are awaited.</p>

<p>Learning outcomes</p> <p><i>Detail here how the aims and objectives were met</i></p>	<p>I attended daily lectures, tutorials, ward and lab sessions, practical scenarios alongside self study to therefore complete the curriculum.</p> <p>I also undertook three student selected components during the course; the first was working in a referral hospital in Mwanza where we learnt how to use point of care ultrasound scanning in order to aid diagnostics in a resource limited setting. The second was on the topic of Ebola and focussed on the recent Ebola outbreak and the lessons learnt. This was taught by doctors working through the outbreak in Sierra Leone and Guinea and was completely inspiring. The third was in Gulu in northern Uganda where we learnt about complex humanitarian emergencies.</p>
<p>Evaluation</p> <p><i>How has this scholarship/award impacted on your clinical/NHS practice or equivalent?</i></p>	<p>Having completed my foundation training in Scotland and with an interest in infectious and tropical diseases, I had always envisaged working in a resource limited setting. I applied to the East African Diploma unsure whether I would gain a place on the course and hopeful that if I did, it would inspire me for my future career.</p> <p>The diploma has been one of my best career decisions to date and I cannot recommend it highly enough; it has been a phenomenal career changing experience and one that I have learnt so much from. My knowledge of tropical medicine and infectious diseases is only the start of what I have learnt. The teaching was some of the best I have ever received and the tutors were world-experts in their respective fields who were able to explain complex diseases whilst giving their first-hand experience of their research and patients they had seen. As well as learning from these tutors, I was able to learn from my colleagues who were just as inspiring. There were specialists in infectious diseases, paediatricians, consultants as well as doctors who had worked through the recent Ebola outbreak and the devastation that followed. These colleagues have become friends who continue to do inspiring work around the world.</p> <p>The course has been a complete eye-opener to my potential future medical career. I have gained an insight of healthcare in East Africa, the challenges and practicalities of managing patients in resource poor settings, the need to prioritise tests and rely on my clinical skills, the different diseases and pathologies that present in tropical environments, the skills of utilising microscopy in identifying parasites, as well as an understanding of clinical epidemiology and research.</p> <p>I hope to continue to pursue this interest in tropical medicine and pursue a new found interest in research which prior to the course I had limited experience of. I am extremely grateful to the Royal College of Physicians and Surgeons of Glasgow for this generous grant and their support in therefore allowing me to undertake this diploma which has significantly impacted my career and I have no doubts that it will continue to do so.</p>

SECTION 3 | IMAGES



The 72 students on the course in Moshi, Tanzania with course director Dr Phil Gothard and Professor David Mabey.



Performing point of care ultrasound scanning in Mwanza, Tanzania.



My husband and I in our African outfits!



Graduation day with my colleagues in our matching outfits.

SECTION 4 | EXPENDITURE

Breakdown of expenditures

Please demonstrate how the scholarship/award funding was used to support your project/visit

Course fees: £7000

Visas, Accomodation and Flights: £2000

The award of £2000 from the RCPSG has significantly contributed to the fees used for this diploma, for which I am extremely grateful.

SECTION 5 | PUBLICATION

Scholarship/award reports may be published in College News. Please tick here if you agree to your report being published.

☐ I give permission for my report to be published in College News

If your report is selected for publishing, the editor of College News will be in touch to discuss this with you.

All Information we hold concerning you as an individual will be held and processed by the College strictly in accordance with the provisions of the Data Protection Act 1998. Such data will be used by the College to administer its relationship with you as a Fellow or Member. We will not, without your consent, supply your name and address to any third party except where (1) such transfer is a necessary part of the activities that we undertake, or (2) we are required to do so by operation of law. As an individual you have a right under the Data Protection Act 1998 to obtain information from us, including a description of the data that we hold on you. Should you have any enquiries about this right please contact Membership Services Administrator at the College.